

# *Your Guide to the Wedding Cake Ritual*

*Once upon a time, wedding guests would bring sweet buns as gifts to the bride and groom. The buns would be heaped into a large stack which some say was not unlike the shape of a multi-tiered cake. Many believe that our tradition of towering wedding cakes originated from this simple, age-old custom.*

**The two become one:** The cake cutting ceremony begins with the bride and groom joint their hands in order to cut the first piece together as one.

**The love and to cherish:** The newlyweds then feed each other a small morsel of cake. This ritual symbolizes their mutual pledge to nourish and sustain the marriage

**Let them eat cake:** Each guest must now receive a piece of the cake so that they can share in the ceremony.

**Sweet dreams:** Additional pieces are then sliced and wrapped for unmarried guest to take home. Those who believe the legend sleep with a slice of wedding cake under their pillow and dream of the one they're to marry.

**Once more for luck:** Tradition holds that the top tier of the cake be saved for the bride and groom, who share it on their first anniversary for good luck in the years to come.

**From this day forward:** The newlyweds then proceed to live happily ever after.

